



The World and life are ... wonderful



... dangerous



... magical



... terrible

... surprising





... not always fair



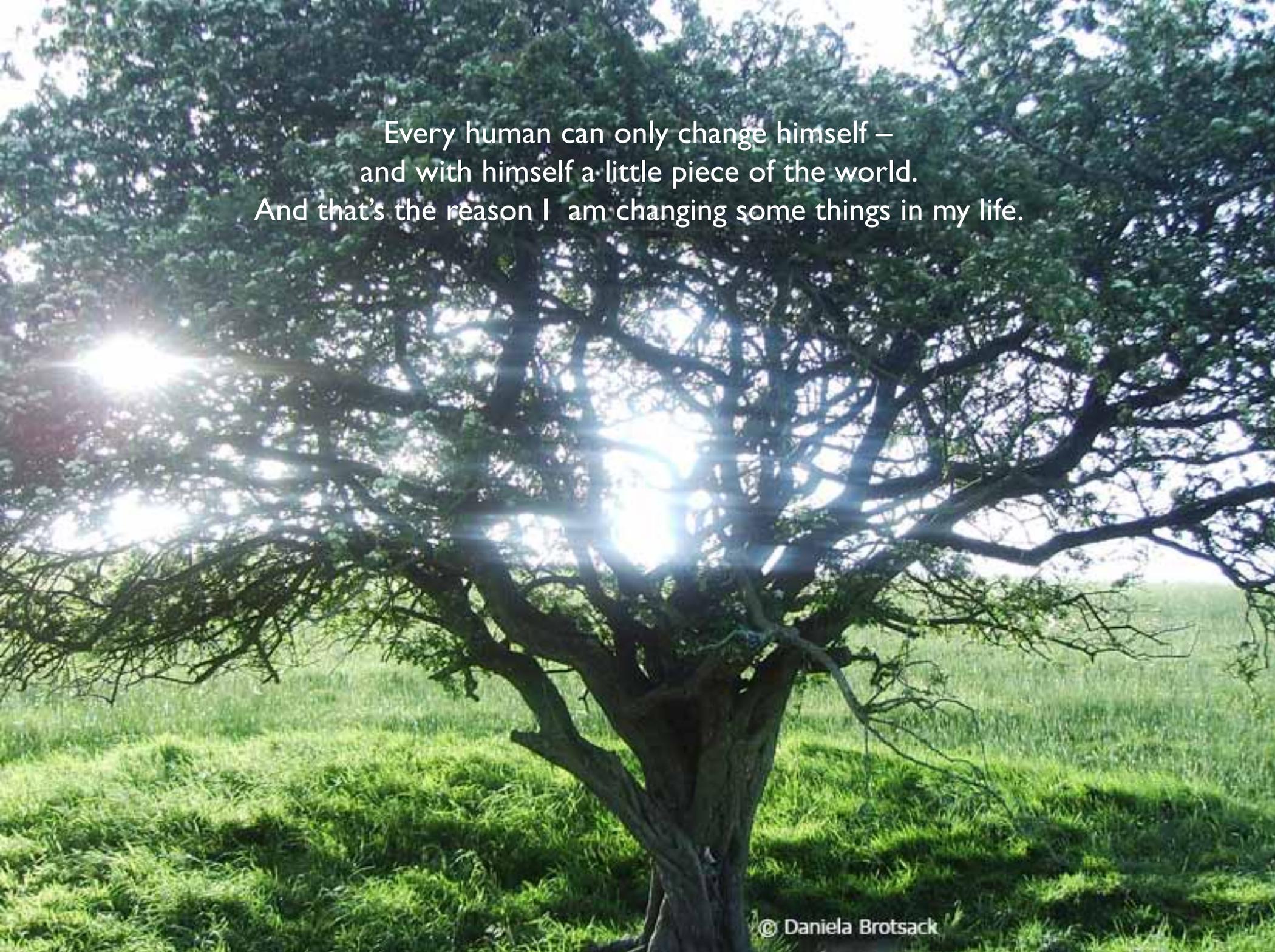
... caring



... militant

... and much more

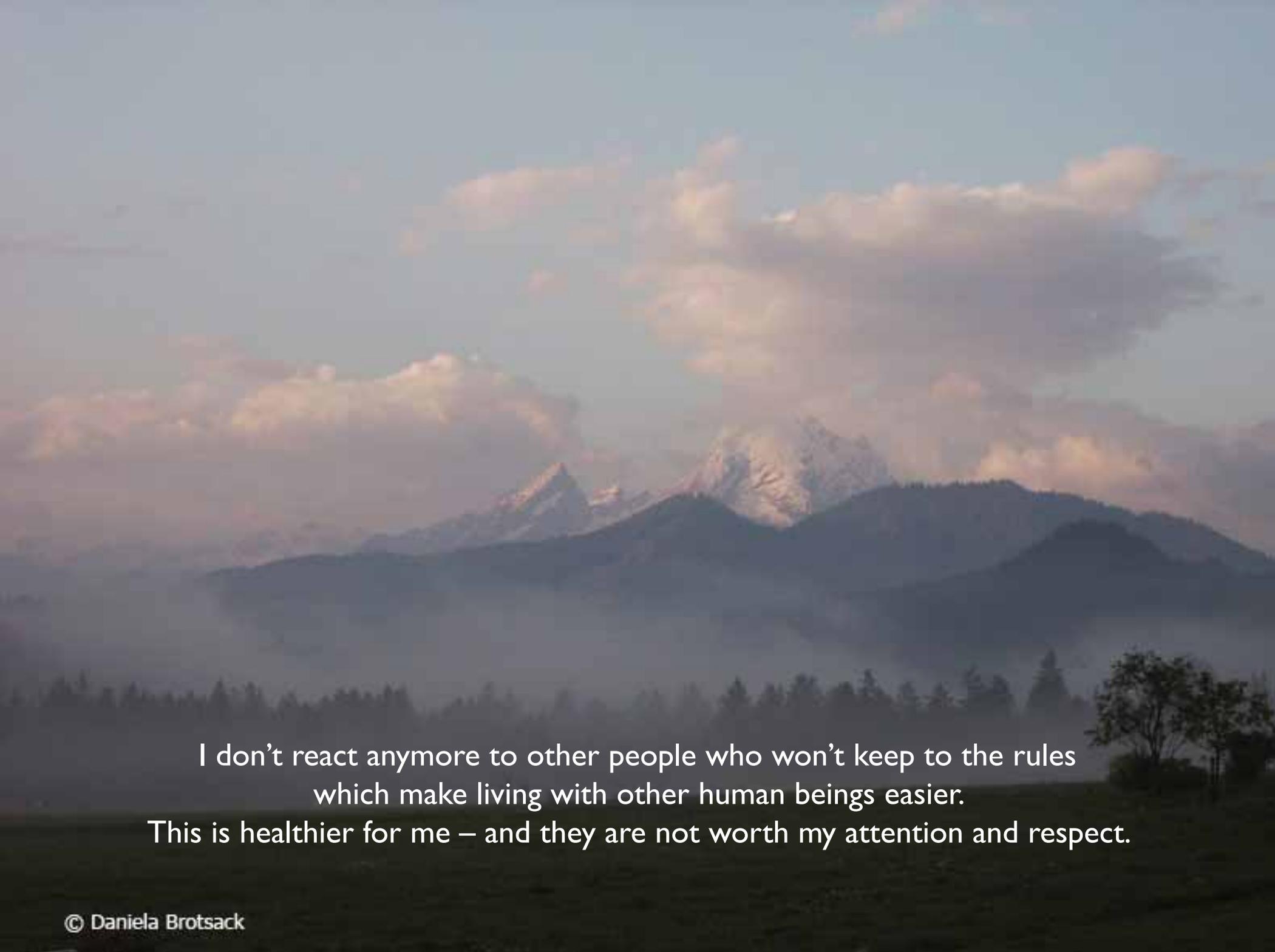


A large, leafy tree stands in a grassy field. The sun is shining brightly through the branches, creating a lens flare effect. The tree's trunk is thick and gnarled, and its branches spread out widely. The grass is green and appears to be blowing in the wind. The overall scene is bright and natural.

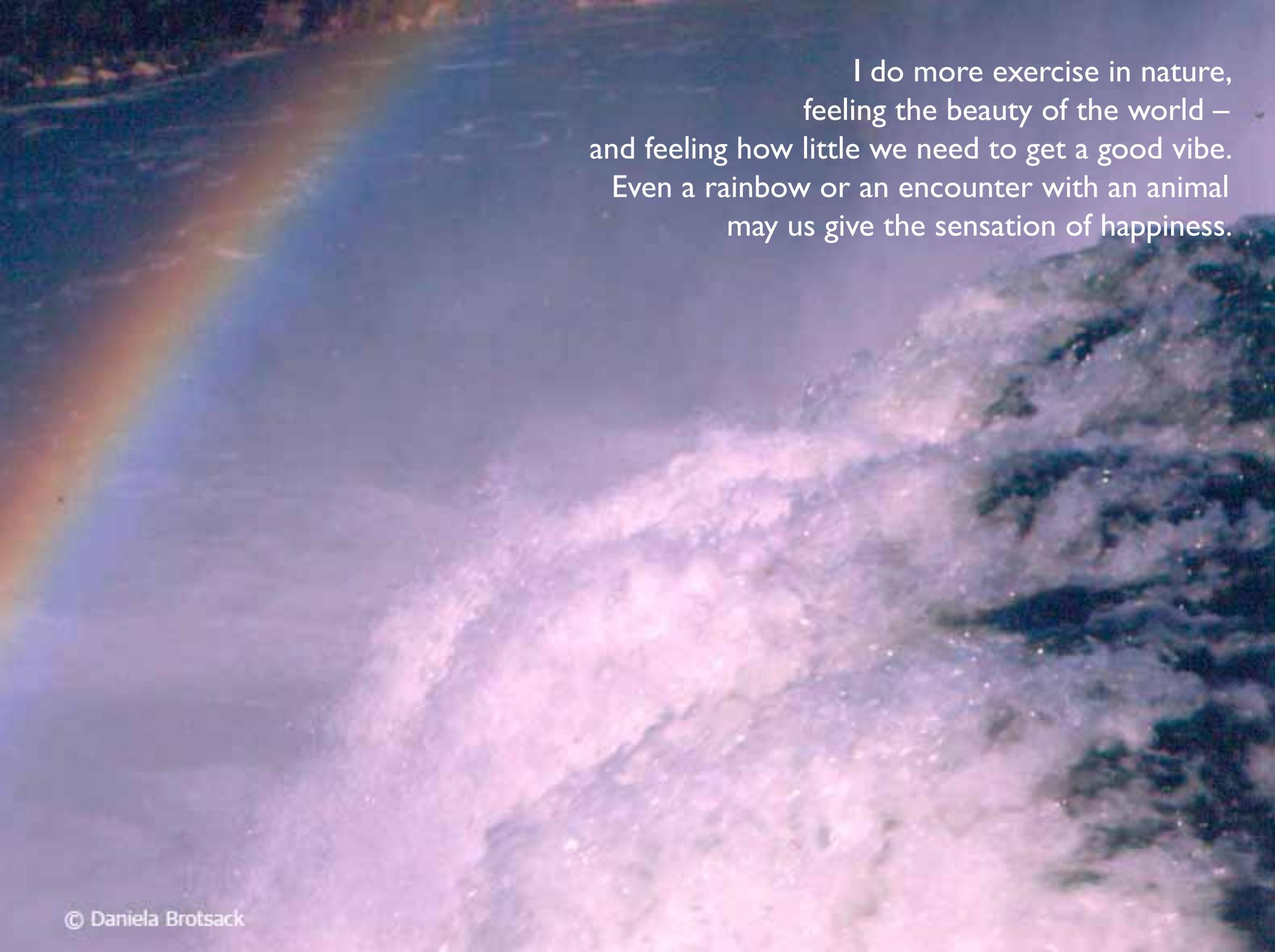
Every human can only change himself –  
and with himself a little piece of the world.  
And that's the reason I am changing some things in my life.

Before spending money on something  
I rethink if I really need or want it.  
This saves money and natural resources – and  
the stuff cannot burden me or the environment.

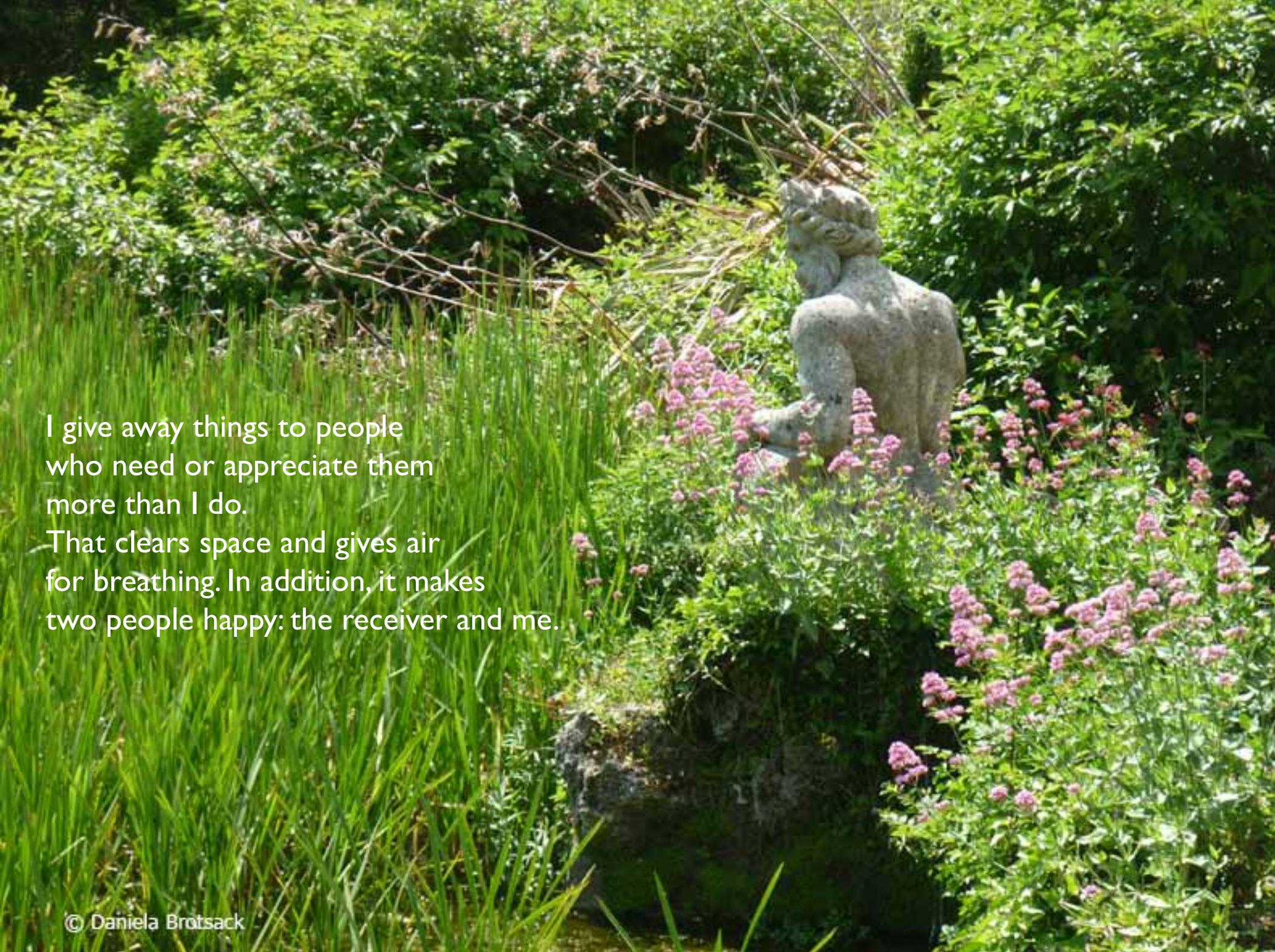




I don't react anymore to other people who won't keep to the rules  
which make living with other human beings easier.  
This is healthier for me – and they are not worth my attention and respect.

A vibrant rainbow arches across a misty, forested landscape. The rainbow's colors are bright and distinct, contrasting with the soft, hazy background of trees and mist. The overall scene is serene and evokes a sense of natural beauty and tranquility.

I do more exercise in nature,  
feeling the beauty of the world –  
and feeling how little we need to get a good vibe.  
Even a rainbow or an encounter with an animal  
may us give the sensation of happiness.

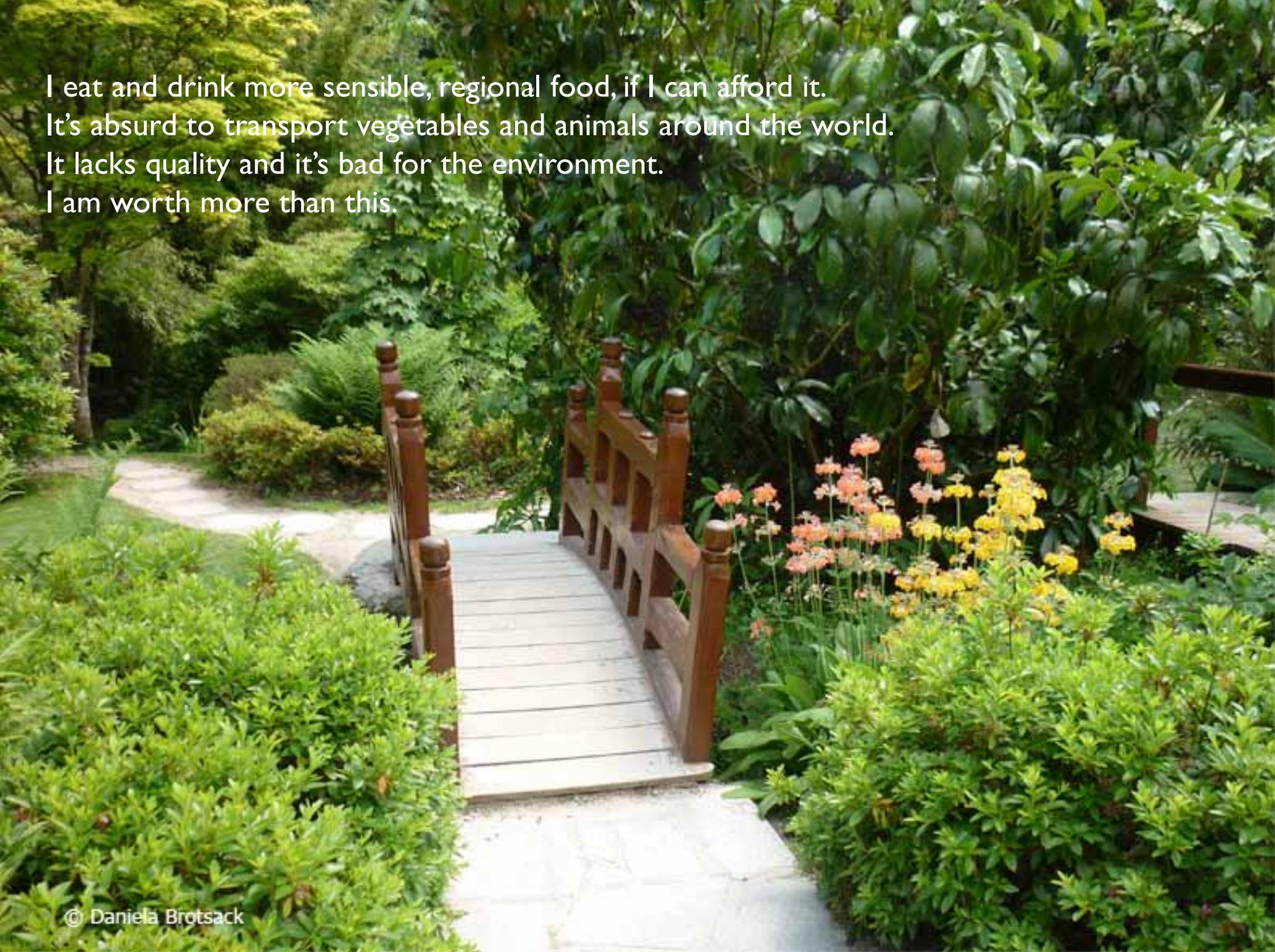
A photograph of a garden scene. In the center-right, a weathered stone statue of a seated figure, possibly a child or a small deity, is partially obscured by a dense cluster of bright pink flowers. The statue is set on a dark, rectangular stone base. To the left of the statue, there is a large, lush patch of tall green grasses. The background is filled with various green plants and trees, creating a dense, natural setting. The lighting is bright, suggesting a sunny day.

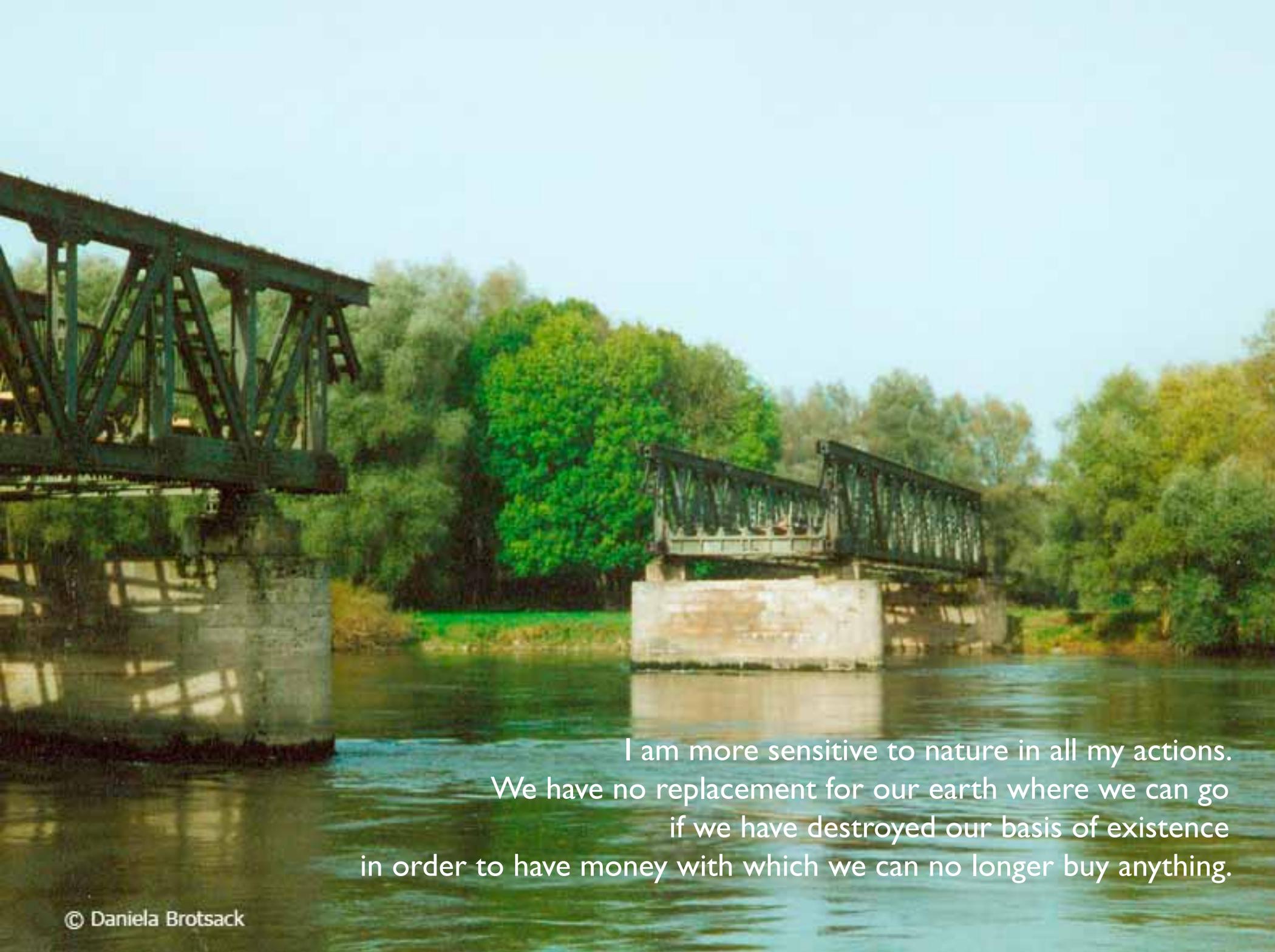
I give away things to people  
who need or appreciate them  
more than I do.  
That clears space and gives air  
for breathing. In addition, it makes  
two people happy: the receiver and me.

I avoid wasting fresh water and other resources,  
or contaminating the air.  
The following generation will also wish  
to have a life worth living.

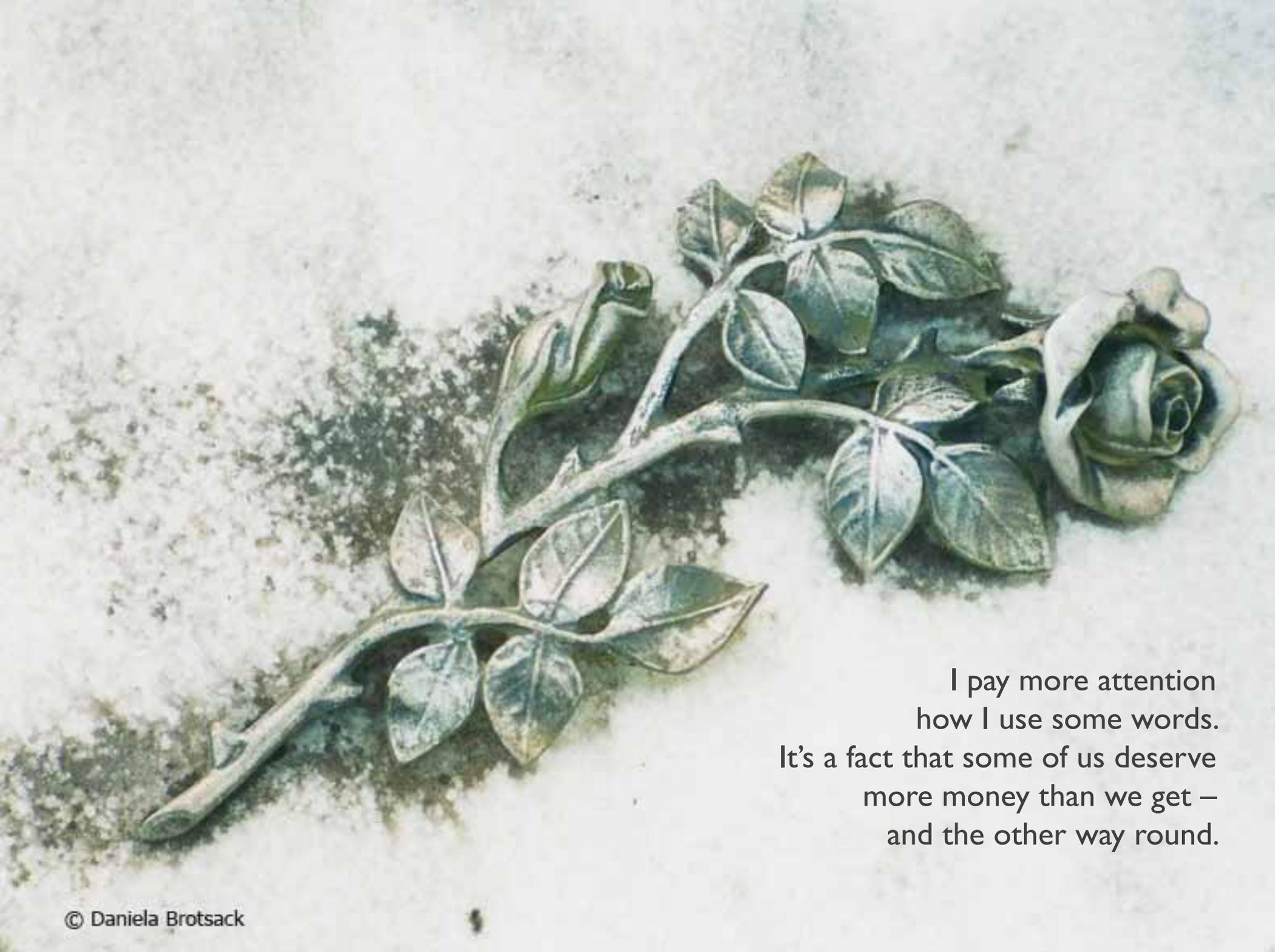


I eat and drink more sensible, regional food, if I can afford it.  
It's absurd to transport vegetables and animals around the world.  
It lacks quality and it's bad for the environment.  
I am worth more than this.





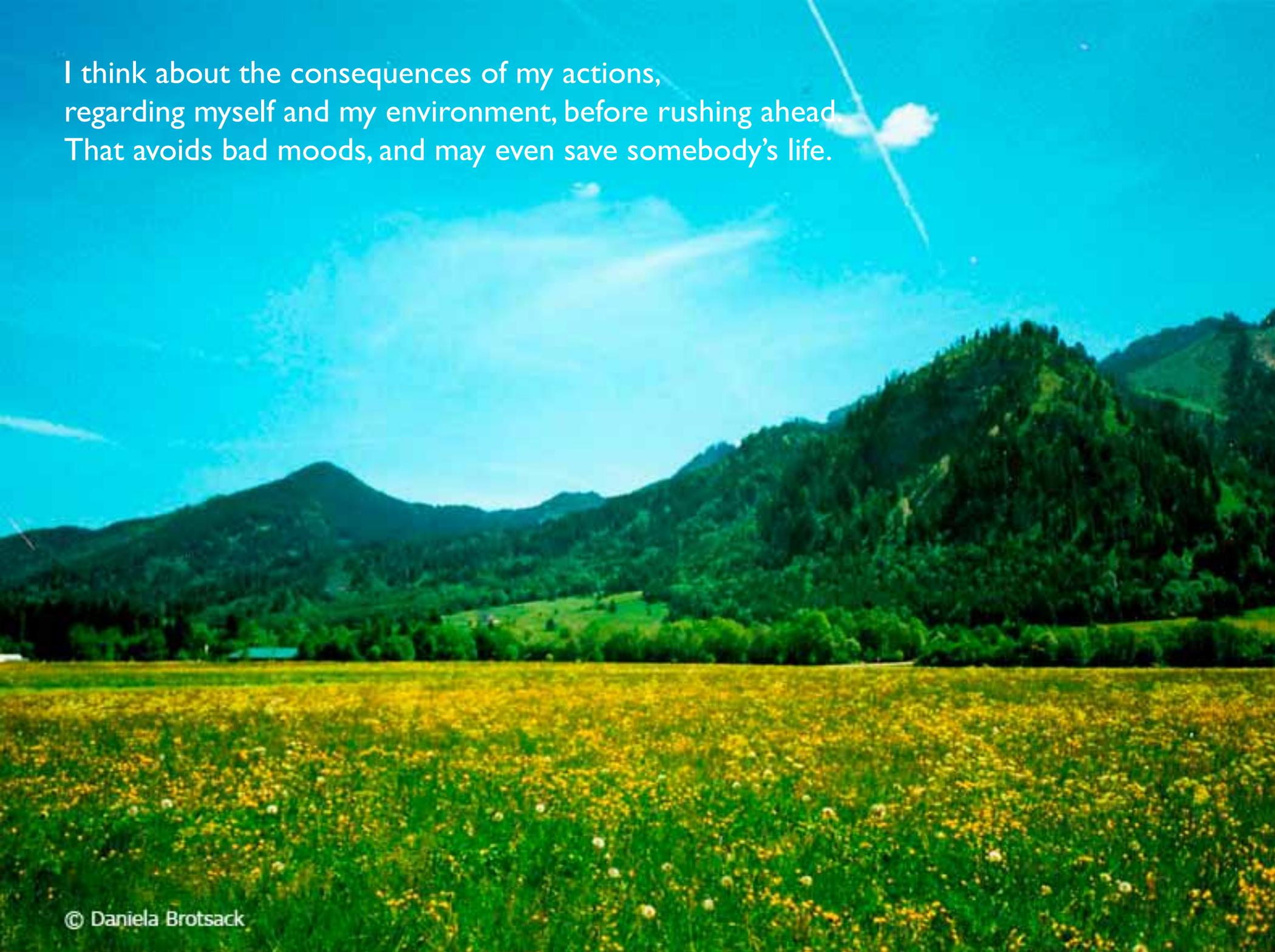
I am more sensitive to nature in all my actions.  
We have no replacement for our earth where we can go  
if we have destroyed our basis of existence  
in order to have money with which we can no longer buy anything.



I pay more attention  
how I use some words.  
It's a fact that some of us deserve  
more money than we get –  
and the other way round.

I try to empathize with other people,  
understanding their problems and way of life.  
Every life has a different basis  
and takes a different course.

I think about the consequences of my actions,  
regarding myself and my environment, before rushing ahead.  
That avoids bad moods, and may even save somebody's life.





I take the time to enjoy the world and life.  
And I try to share the good things with others.



Anybody who considers  
this text worth thinking about  
may propagate it.

My purpose is to reach people,  
who decide for our world  
and a livable future for every  
living soul; people, whos actions  
are changing themselves first.

Thank you!

Pictures & words: © 2011 Daniela Brotsack  
[www.exlibris-d.de](http://www.exlibris-d.de)